

Brampton College Allergy Management Policy

1. Policy Statement

Brampton College is committed to providing a safe, inclusive and supportive environment for all students with allergies. The College recognises that allergies can have a significant impact on health, wellbeing and educational participation, and that severe allergic reactions (anaphylaxis) can be life-threatening.

The College will take all reasonably practicable steps to minimise the risk of allergic reactions and ensure that effective procedures are in place to respond promptly and appropriately in an emergency.

This policy applies to all students, staff, volunteers, contractors and visitors.

2. Legal and Regulatory Framework

This policy has been developed with reference to:

- Benedict's Law and associated Department for Education allergy guidance for schools.
- Supporting Pupils at School with Medical Conditions guidance.
- Health and Safety at Work etc. Act 1974.
- Equality Act 2010.
- Data Protection Act 2018 and UK GDPR.

In accordance with Benedict's Law requirements, the College will:

- Maintain a whole-school allergy policy.
- Hold spare in-date adrenaline auto-injectors (AAIs) for emergency use.
- Ensure all staff receive allergy awareness and emergency response training.
- Maintain Individual Healthcare Plans and Allergy Action Plans for students with significant allergies.

3. Aims

The aims of this policy are to:

- Protect students at risk of allergic reactions.
- Promote awareness and understanding of allergies throughout the College community.
- Ensure staff can recognise and respond appropriately to allergic reactions.
- Facilitate the safe participation of students with allergies in all aspects of College life, including examinations, educational visits and enrichment activities.
- Establish clear roles and responsibilities for students, parents/carers and staff.

4. Roles and Responsibilities

- *4.1 DSL*

The DSL has overall responsibility for ensuring:

- Appropriate allergy management arrangements are in place.
- This policy is implemented and reviewed.
- Adequate staff training is provided.
- Emergency medication is available and maintained.

- *4.2 Designated Allergy Lead*

The College has appointed a member of staff to act as the Designated Allergy Lead.

Responsibilities include:

- Maintaining the allergy register.
- Coordinating Individual Healthcare Plans.
- Monitoring staff training.
- Ensuring spare AAIs are available and in date.
- Reviewing allergy incidents and lessons learned.

- *4.3 Students*

Students with allergies are expected to:

- Carry two prescribed AAI(s) and any other medication at all times
- Present their AAIs and any other medications to examination invigilators before all examinations (both mock and external).
- Know how and when to use their medication.
- Avoid sharing food and drinks.
- Check food labels carefully.
- Inform staff immediately if they experience symptoms of an allergic reaction.
- Report any allergy-related concerns, incidents or near misses.

- *4.4 Parents and Carers*

Parents/carers must:

- Notify the College of any diagnosed allergy.
- Provide a completed Allergy Action Plan or healthcare plan from an appropriate healthcare professional using this template: [BSACI-AllergyActionPlan-EpiPen-OCTOBER-24.pdf](#)
- Ensure their child carries all essential in-date prescribed medication at all times – including on trips.
- Inform the College promptly of any changes in diagnosis, treatment or medication.
- Support and encourage their child's allergy self-management.

- *4.5 Staff*

All staff are responsible for:

- Familiarising themselves with students' allergy needs where relevant.
- Completing mandatory annual allergy awareness training.
- Recognising symptoms of allergic reactions and anaphylaxis.
- Following emergency procedures when concerns arise.

- Supporting implementation of individual healthcare plans.
- All staff are expected to summon emergency assistance immediately if anaphylaxis is suspected. Staff who are willing and able to do so should administer an AAI without delay in accordance with their training and the student's Allergy Action Plan.

5. Individual Healthcare Plans

Students with significant allergies will have an Individual Healthcare Plan (IHP) and Allergy Action Plan which will include:

- Details of known allergens.
- Typical symptoms and severity.
- Medication requirements.
- Emergency procedures.
- Contact details for parents/carers and healthcare professionals.

Plans will be reviewed annually or sooner where circumstances change.

6. Allergy Risk Management

- Food Provision

As the College does not operate a canteen, students are primarily responsible for food brought onto the premises.

Students are advised:

- Not to share food or drinks.
- To read ingredient information carefully.
- To avoid consuming food when ingredients are unclear.

For College-organised events involving food:

- Reasonable efforts will be made to accommodate known allergies.
- Ingredient information will be made available where possible.
- Students remain responsible for checking that food is suitable for their needs.

Educational Visits and Off-Site Activities

Risk assessments will consider:

- Known allergies.
- Availability of emergency medication.
- Access to emergency medical assistance.
- Staff responsibilities and communication arrangements.

Students must carry prescribed AAI's and any other medication on all visits.

7. Emergency Medication

The College will maintain:

- An up-to-date register of students prescribed AAI's.
- Spare in-date AAI's held in accordance with legal requirements and manufacturer guidance.

Spare AAI's may only be used in accordance with current legislation and guidance.

8. Emergency Response Procedure

If a student displays symptoms of anaphylaxis:

1. Follow the student's Allergy Action Plan where available.
2. Administer an AAI immediately if anaphylaxis is suspected.
3. Call 999 and state clearly: "Anaphylaxis".
4. Record the time the AAI was administered.
5. Keep the student lying down or in a comfortable position unless breathing difficulties require otherwise.
6. Stay with and continually monitor the student.
7. If symptoms do not improve and a second AAI is available, administer it after approximately 5 minutes in accordance with medical guidance.
8. Inform emergency services of:
 - medications administered including dosage
 - times administered.
9. Contact parents/carers as soon as practicable.
10. Complete an incident report and undertake a post-incident review.

Where there is uncertainty, staff should treat the situation as anaphylaxis and seek emergency medical assistance immediately.

9. Training and Awareness

The College will ensure that:

- All staff receive annual allergy awareness training.
- Training includes recognising allergic reactions and anaphylaxis.
- Staff receive practical instruction in the use of AAI's.
- New staff receive appropriate induction regarding allergy management.
- Refresher training is provided following significant changes in guidance or procedure.

This training will be recorded and monitored by the Designated Allergy Lead.

10. Record Keeping and Incident Reporting

The College will maintain:

- An allergy register.
- Individual Healthcare Plans and Allergy Action Plans.
- Records of medication held on site.
- Staff training records.
- Incident and near-miss reports.

All allergy-related incidents will be reviewed to identify lessons learned and improve future practice.

11. Confidentiality and Data Protection

Information regarding a student's allergy will be shared only on a need-to-know basis to safeguard the student while complying with UK GDPR and data protection requirements.

12. Monitoring and Review

This policy will be reviewed:

- Annually;
- Following any serious allergy-related incident;
- Following changes to legislation, statutory guidance or best practice.

Further information

[Allergy safety in schools statutory guidance](#)

[Anaphylaxis UK | Supporting people with serious allergies | Anaphylaxis UK](#)

<https://www.allergyuk.org/>